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SAFETY TRAINING CLASSES

Price	Class Hours	
Asbestos Cement Pipe Refresher	\$95 per person	4-Hr
Asbestos Management Planner Refresher	\$95 per person	4-Hr
Operations and Maintenance Worker Refresher	\$175 per person	8-Hr
Traffic Control Coning & Flagging In Work Zones	\$175 per person	8-Hr
Defensive Driving 2HR Compliance Course	\$95 per person	4-Hr
Confined Space Entry	\$175 per person	8-Hr
Excavating/Trenching Safety / Competent Person Awareness	\$175 per person	8-Hr
30 Hour Cal OSHA	\$995 per person	30-hr
10 Hour Cal OSHA	\$395 per person	10-Hr
Title 22/RCRA Hazardous Waste Handler and DOT HazMat Employee	\$175 per person	8-Hr

Asbestos Cement Pipe Refresher

Hours: 4 Hours

Course Hours: 8:00 am ♦ 12:00pm or by clients ♦ request

Description

This course provides a review of the training required by OSHA for companies who only repair breaks in A/C Pipe. Prerequisites: Asbestos Cement Pipe Initial or annual refresher.

Certificate of Completion: A certificate for Asbestos Cement Pipe Refresher Training will be provided to each participant that attends the class. The participant must provide a copy of their initial course certificate and most recent applicable refresher training.

NOTE: All students who are **taking a refresher** course **MUST** provide copies of their latest certificates **no later than one (1) day prior to class.**

Students **who do not provide** a certificate with a date that is **less than one (1) year past the expiration date** shown on their certificate, **shall NOT be admitted to class.**

Management Planner Refresher

Hours: 4 Hours

Course Hours: 1:00 pm ♦ 5:00pm

Description

This course is for Management Planner Refresher training and reviews the key information from the original course, as well as up to date information regarding regulatory and legislative changes. Students are encouraged to participate actively in the classroom discussions and bring their knowledge and experiences into the class learning activities. *This course is taught by an Accredited Sub Contractor.*

Prerequisite: Students **MUST** have a current certificate from an accredited Building Inspector initial and refresher course(s)

Certificate of Completion: An AHERA certificate for Asbestos Planner Management Refresher Training will be provided to each participant that attends the class. The participant must provide a copy of their initial course certificate and most recent applicable refresher training.

NOTE: This course does **NOT** qualify for A/C Pipe Certification.

NOTE: All students who are **taking a refresher** course **MUST** provide copies of their latest certificates **no later than one (1) day prior to class.**

Students **who do not provide** a certificate with a date that is **less than one (1) year past the expiration date** shown on their certificate, **shall NOT be admitted to class.**

Operations and Maintenance Worker Refresher

Hours 8 Hours

Course hours: 8:00 am -5:00pm

Description

This 8-hour refresher course meets the OSHA annual training requirements for Asbestos Maintenance Workers (OSHA Class III). This course reviews regulations, topics from the original course, and any new practices or tools of the trade.

Prerequisites: Previous 16-hour Asbestos Operations and Maintenance Worker Initial or annual refresher(s).

Certificate of Completion: An AHERA certificate for Asbestos Operations and Maintenance Worker Refresher Training will be provided to each participant that attends the class. The participant must provide with a copy of their initial course certificate and most recent applicable refresher training.

NOTE: This course does **NOT** qualify for A/C Pipe Certification.

NOTE: All students who are **taking a refresher** course **MUST** provide copies of their latest certificates **no later than one (1) day prior to class.**

Students **who do not provide** a certificate with a date that is **less than one (1) year past the expiration date** shown on their certificate, **shall NOT be admitted to class.**

Confined Space Entry

Hours

2/4/8 hours

Description

29CFR 1910.146

CCR Title 8, §5156, §5157, & §5158

The National Institute for Occupational Safety and Health (NIOSH) reports an average 67 deaths per year due to fatal incidents within confined spaces.

In 1993 the California Occupational Safety and Health Administration adopted the new confined space rule that places responsibility on the employer for development and enforcement of confined space policies. This regulation sets standards for preventing employee exposure to confined space hazards.

Training

The employer shall provide training so that all employees whose work is regulated by the confined space regulations acquire the understanding, knowledge, and skills necessary for the safe performance of the duties assigned

2 -4 Hour Confined Space Awareness

There are two types of confined spaces: Those that require a permit for entry and those that can be entered without a permit. This course is designed to inform the students about the difference between a permit-required confined space and a non-permit-required confined space.

Course content includes: Identifying a confined space; when a permit is required; typical hazards; atmospheric monitoring equipment; personal protective equipment; ventilation equipment; exposure symptoms; and an exam.

8 Hour Confined Space Competent Person

This course is specifically designed to increase the student's knowledge of hazards associated with permit-required confined space entry. This course is a site specific course and will incorporate the employer's policy and procedures for entering a confined space. As much as possible, we will train with the employer's confined space entry hardware, monitoring devices, and personal protective equipment in order to provide training that is useful as well as effective.

Course content includes: Definition of a confined space and permit required confined space; entry procedures; required elements of a confined space program and permit system; hazards; ventilation; lockout tagout procedures; equipment; duties of the entrant, attendant, and supervisor; evacuation and rescue procedures; closing an entry operation; and an exam.

24 Hour Hazardous Waste Site Worker

Hours

24 hours

Description

The 24 hour program is required for persons who will be present on a site for a specific limited task (such as, but not limited to: ground water monitoring, land surveying, or geophysical surveying) and who are unlikely to be exposed to chemicals over the legal limits (PELs). It is also appropriate for persons regularly on a site who work in areas which have been fully characterized and pose no health hazard nor any possibility of an emergency developing. A certificate of completion is provided to those who successfully complete the course and pass the final exam. Annual refresher training is required.

Topics

- Overview of Regulations
- Planning & Practices
- Respiratory protection
- Personal protective equipment
- Air monitoring instruments and techniques

Other Information

Annual Refreshers are required to maintain your certification. You can take the refresher anytime during the 12 months following expiration of your 40-hour certificate, but you may not engage in WSW activities until the refresher is completed. If you fail to complete the required refresher within the grace period, you must retake the initial 40 Hour Course.

29 CFR 1910.120 and Title 8 CCR 5192

Hazardous wastes, when not handled properly, can pose a significant safety and health risk. OSHA recognized the need to improve the quality of the hazardous waste work environment and developed the HAZWOPER standard to provide employers and employees with the information and training necessary to improve workplace safety and health, thereby greatly reducing the number of injuries and illnesses resulting from exposure to hazardous waste.

49 CFR and CCR Title 13

The U.S. Department of Transportation (DOT) regulations for hazardous wastes, including Household Hazardous Wastes (HHW) are set forth in 49 CFR. The State of California Regulations are found in Title 13 of the California Code of Regulations (CCR). Specific rules governing Household Hazardous Waste (HHW) generators are detailed in Title 22 & Title 26.

Trenching and Shoring: Trench Safety Competent Person Training

Hours

8 hours

Description

This course is designed to give supervisors, inspectors, site managers, and workers, the ability to identify existing and predictable hazards in the surroundings of an open trench. The student will learn of the working conditions that are hazardous and dangerous to those who enter open trenches.

In order to be a "Competent Person", one must have had specific training in, and be knowledgeable about; soils analysis, the use of protective systems, and the requirements of state and federal standards. Trench Safety will give this specific training. Students handouts will include a Safety manual and the Cal/OSHA Guide for the Construction Industry.

Topics

- Soil Classification
Participants are informed how to identify the three major soil types (A, B, & C) and the requirements for safe protective systems for excavating in each.
- Site Safety Inspections
This portion of the course includes methods of conducting daily work site inspections of excavations, adjacent areas, and protective systems before beginning work and as needed throughout the shift.
- Sloping and Benching
- Timber Shoring for Trenches
- Aluminum Hydraulic Shoring for Trenches
- Confined Space Issues in Trenches